

UNITED STATES DISTRICT COURT  
CENTRAL DISTRICT OF CALIFORNIA

KELLY LAVINO,	)	CV 10-3623 SVW (FMOx)
	)	
Plaintiff,	)	
	)	
v.	)	FINDINGS OF FACT AND
	)	CONCLUSIONS OF LAW
METROPOLITAN LIFE INSURANCE	)	
COMPANY; MALCOLM PIRNIE WELFARE	)	[JS-6]
BENEFIT PLAN,	)	
	)	
Defendants.	)	

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**I. Introduction**

Plaintiff Kelly Lavino filed this suit seeking ERISA-governed long-term disability benefits from Defendant Metropolitan Life Insurance Company ("MetLife") under her Malcolm Pirnie Welfare Benefit Plan ("the Plan"). On January 13, 2010, this Court issued a Findings of Fact and Conclusions of Law in a related matter, Lavino v. Metropolitan Life Insurance Company, CV 08-2910 SVW (FMCx), 2010 WL 234817 (C.D.

1 Cal. Jan. 13, 2010) (hereinafter, "Lavino I"), and issued judgement  
2 thereon on January 19, 2010 (collectively, "the January Order"). The  
3 January Order found that MetLife had abused its discretion in  
4 prematurely terminating Lavino's benefits under the policy's "own  
5 occupation" standard of disability. The Court ordered MetLife to review  
6 Lavino's eligibility for continuing benefits under the policy's "any  
7 occupation" standard. The Court also ordered MetLife to assess whether  
8 the proper benefit percentage to which Lavino is due is 60% or 70% of  
9 her former earnings. The parties have since agreed that 70% is the  
10 appropriate percentage, although it is unclear whether MetLife has  
11 actually transmitted the 10% balance to Plaintiff. (Def. Trial Brief,  
12 Docket no. 23, at 24).

13       Following numerous delays in rendering a decision, MetLife has  
14 since determined that Lavino suffers from a psychiatric disability that  
15 prevents her from working, thus entitling her to two years of benefits  
16 under the "any occupation" standard pursuant to the Plan. MetLife  
17 denies that Lavino has a physical disability that would warrant  
18 continuing benefits thereafter. Lavino argues that her disability is  
19 physical in nature, not psychiatric, and that her benefit entitlement  
20 should not be restricted to two years. Having conducted a bench trial  
21 on January 4, 2011, the Court now makes the following Findings of Facts  
22 and Conclusions of Law pursuant to Rule 52(a) of the Federal Rules of  
23 Civil Procedure. For the reasons stated herein, the Court finds that  
24 MetLife abused its discretion in determining that Lavino's disability  
25 was psychiatric in nature, and not physical.

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1 **II. Relevant Background Facts**

2 **A. The Events Leading Up to Lavino I**

3 The Court will not exhaustively repeat the contents of the  
 4 administrative record relied upon or the legal reasoning analyzed in  
 5 Lavino I here. In brief, Lavino worked as a project engineer for Malcom  
 6 Pirnie, Inc. ("Malcom Pirnie"). As an employee of Malcom Pirnie, Lavino  
 7 was covered under a long-term disability plan issued by MetLife. The  
 8 Plan defines "Disabled" as follows:

9 "Disabled" or "Disability" means that, due to sickness,  
 10 pregnancy or accidental injury, you are receiving Appropriate  
 11 Care and Treatment from a Doctor on a continuing basis; and  
 12 1. during your Elimination Period and the next 24 month  
 13 period, you are unable to earn more than 80% of your  
 14 Predisability Earnings or Indexed Predisability Earnings  
 15 at your Own Occupation for any employer in your Local  
 16 Economy; or  
 17 2. after the 24 month period, you are unable to earn  
 18 more than 80% of your Indexed Predisability Earnings  
 19 from any employer in your Local Economy at any gainful  
 20 occupation for which you are reasonably qualified taking  
 21 into account your training, education, experience and  
 22 Predisability Earnings.

23 (Administrative record [hereinafter, "AR"] 563). With regard to  
 24 psychiatric disabilities, the Plan provides:

25 Monthly benefits are limited to 24 months during your  
 26 lifetime if you are Disabled due to a Mental or Nervous  
 27 Disorder or Disease, unless the Disability results from:  
 28 1. schizophrenia;  
 2. bipolar disorder;  
 3. dementia; or  
 4. organic brain disease.

(AR 576). Importantly, the Plan granted MetLife discretionary authority  
 in making benefits determinations. The relevant portion with regard to  
 discretion provides:

In carrying out their respective responsibilities under the  
 Plan, the Plan Administrator and other Plan fiduciaries shall  
 have discretionary authority to interpret the terms of the

1 Plan and to determine eligibility for an entitlement to Plan  
2 benefits in accordance with the terms of the Plan. Any  
3 interpretation or determination made pursuant to such  
4 discretionary authority shall be given full force and effect,  
5 unless it can be shown that the interpretation or  
6 determination was arbitrary and capricious.

7 (AR 597).

8 In early 2006, Lavino ceased working and began to receive short-  
9 and long-term disability benefits from MetLife. MetLife approved  
10 Lavino's claim for long-term disability benefits on March 12, 2007 due  
11 to physical disability stemming from her fibromyalgia. It is undisputed  
12 that Lavino suffered then and continues to suffer from fibromyalgia.  
13 However, MetLife terminated her benefits on January 7, 2008, two months  
14 before her "own occupation" benefits were set to expire. MetLife  
15 determined that "the medical information contained in [Plaintiff's]  
16 file does not support a severity of a condition that would prevent  
17 [Plaintiff] from performing the essential duties of [her] job." Lavino  
18 I, 2010 WL 234817 at \*5. Following an administrative appeal, MetLife  
19 upheld the denial of Lavino's benefits on February 27, 2008, which  
20 prompted Lavino to file her first lawsuit, Lavino I.

21 The Court reviewed the administrative record and determined that  
22 MetLife had abused its discretion in terminating Lavino's benefits. The  
23 Court noted conflicts of interests on the part of the doctors selected  
24 by MetLife to review Lavino's claim, failures to ask Lavino for  
25 necessary evidence, and inconsistencies in classifying Lavino's job as  
26 relevant factors in reviewing MetLife's decision with skepticism. The  
27 Court accordingly ordered MetLife to reinstate Lavino's "own  
28 occupation" benefits and remanded the matter for MetLife to review  
Lavino's eligibility for continuing benefits under the Plan's "any

1 occupation" standard. Id. at \*14. The Court's January Order was a  
2 determination that Lavino had a physical disability in January 2008  
3 stemming from her fibromyalgia.

4 **B. Procedural Irregularities in Reaching the Benefits Decision**

5 The facts in dispute in this case occurred subsequent to the  
6 January Order. At the time of the January Order, MetLife was in  
7 possession of all of Lavino's relevant medical records spanning from  
8 the claim's inception in 2006 through September 2008. On February 22,  
9 2010, Lavino forwarded 82 pages of additional information for MetLife's  
10 review that consisted of a social security award finding Lavino  
11 disabled and unable to perform any work effective January 2006,  
12 Lavino's updated examination notes from her long-term treating  
13 physician and her rheumatologist, and other relevant information. The  
14 records were received by MetLife on February 26. On March 11, MetLife  
15 disability analyst Paul Baechle informed Lavino that he wished to  
16 interview her and that he might also require Lavino to be interviewed  
17 by a MetLife nurse. Baechle interviewed Lavino on March 17. Baechle  
18 advised Lavino that he would decide if a further interview was  
19 necessary with MetLife nurse, Michelle Haas.

20 On March 23, Lavino's attorney, Tracy Collins, spoke with Haas,  
21 who informed Collins that a further interview may not be necessary  
22 because the medical record could be sufficient to render a claim. Haas  
23 advised Collins that she would speak with Baechle and would request a  
24 further interview only if necessary. On March 23, Lavino also faxed  
25 MetLife Dr. Flaningam's most recent progress note dated March 15, 2010.  
26 On both April 1 and April 12, Collins called Baechle to determine the  
27 status of the decision, at which time Baechle informed Collins that a  
28

1 decision had not been made and offered no time frame for a decision.  
2 Baechle informed Collins on April 12 that MetLife did not intend to  
3 conduct a further medical review. However, on April 13, Collins was  
4 informed by Erin Cornell, MetLife's counsel, that MetLife desired to  
5 conduct an independent medical examination ("IME") of Lavino and that  
6 MetLife would shortly be sending Collins a letter about the proposed  
7 examination. Collins responded on April 15 requesting more information  
8 regarding the IME.

9 On April 19, Collins again emailed Cornell to inquire about the  
10 IME because she had not yet received additional instructions from  
11 MetLife. She also informed MetLife that the deadline for issuing a  
12 decision on Lavino's claim had passed. On April 30, having still  
13 received no information from MetLife regarding the decision or the IME,  
14 Collins sent another letter informing them that they had failed to  
15 render a timely decision on the claim and that she would file suit if a  
16 decision was not made by May 5. Receiving no word from MetLife, Collins  
17 filed this suit on May 17.

18 In failing to reach a timely decision, MetLife violated the  
19 procedures set forth in the Plan. In relevant part, the Plan's terms  
20 provide as follows:

21 After you submit a claim for disability benefits to MetLife,  
22 MetLife will review your claim and notify you of its decision  
to approve or deny your claim.

23 Such notification will be provided to you within a reasonable  
24 period not to exceed 45 days from the date you submitted your  
25 claim; except for situations requiring an extension of time  
26 because of matters beyond the control of the Plan, in which  
27 case MetLife may have up to two (2) additional extensions of  
30 days each to provide you such notification. **If MetLife**  
28 **needs an extension, it will notify you prior to the**  
**expiration of the initial 45 day period . . . , state the**  
**reason why the extension is needed, and state when it will**  
**make its determination.** If an extension is needed because you

1 did not provide sufficient information or filed an incomplete  
2 claim, the time from the date of MetLife's notice requesting  
3 further information and an extension until MetLife receives  
4 the requested information does not count toward the time  
5 period MetLife is allowed to notify you as to its claims  
6 decision.

7 (AR 72) (emphasis added). This 45-day window for disability claims is  
8 also mandated by 29 C.F.R. § 2560.503-1(i)(3)(i).

9 In determining that MetLife violated the Plan's deadline for  
10 reaching a benefits decision, the Court must first determine at what  
11 point the review period began. As discussed, both the Plan and the Code  
12 of Federal Regulations require that a benefits decision be reached  
13 within 45 days. There is an adequate basis for finding that the review  
14 period began on the date that this Court first issued its January  
15 Order. At that time, MetLife was already in possession of Lavino's  
16 medical records through September 2008 and thus was amply situated to  
17 assess her eligibility for additional benefits as of March 2008, which  
18 was when her "any occupation" benefits should have begun. However, even  
19 assuming that MetLife was entitled to Lavino's updated medical records  
20 before rendering a decision, these records were in MetLife's possession  
21 as of February 26, and the 45-day review period began to run at that  
22 point at the latest.<sup>1</sup>

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23 <sup>1</sup> MetLife contends that March 23 should be the relevant start date for  
24 calculating the decision because "Each time plaintiff submitted  
25 additional information in support of her claim, the deadline for  
26 MetLife to make its claim determination was extended." (Def. Trial  
27 Brief at 21). This contention is meritless. As explained in Tomassi  
28 v. Prudential, 2007 WL 1772117, at \*4 (N.D. Ill. June 19, 2007),  
"Restarting [an administrator's] clock every time a claimant submits  
[additional information] would in many situations give [an  
administrator] an endless amount of time to consider appeals." On  
February 26, MetLife possessed sufficient information to begin its  
claim decision, and there was no valid excuse for its delay in  
seeking additional information. MetLife seemingly concedes this  
point, stating, "Following receipt of Lavino's February 22, 2010  
submission, MetLife began its investigation into whether Lavino met

1 MetLife's subsequent request that Lavino undergo an IME does not  
 2 affect this determination. MetLife's medical examination request was  
 3 not made until April 13, three days after it was required to make a  
 4 decision. This oral indication of an **intent** to conduct a medical  
 5 examination could not trigger an extension under the Plan's terms,  
 6 which required MetLife to "state the reason why the extension is  
 7 needed, and state when it will make its determination." (AR 72).  
 8 MetLife's oral notice was procedurally defficient.

9 Courts have established that a plan administrator's request to  
 10 conduct such an IME does not toll the deadline to render a claim  
 11 decision when, as here, it is not communicated in a timely fashion. See  
 12 Tomassi, 2007 WL 1772117 at \*6 n.12 ("Prudential's argument under 28  
 13 C.F.R. § 2560.503-1(i)(4) that Tomassi's failure to submit to the  
 14 requested psychiatric evaluation tolled the period for Prudential to  
 15 complete its review is unavailing because the period had already  
 16 expired."); Kowalski v. Farella, Braun, & Martel LLP, 2007 WL 1342475,  
 17 at \*4 n.2 (N.D. Cal. May 7, 2007) ("Even assuming defendants were  
 18 entitled to require an IME of plaintiff for purposes of determining the  
 19 merits of plaintiff's appeal, defendants failed to seek an IME in a  
 20 timely manner. As discussed, defendants were not entitled to tolling  
 21 based on the request for an IME . . . "); Sidou v. Unumprovident  
 22 Corp., 245 F.Supp.2d 207, 216 (D.Me. 2003) ("[I]t is simply  
 23 unreasonable to request that a claimant submit to medical examinations  
 24 *after* the applicable deadline for ruling on her appeal has expired when  
 25

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26 the Plan's terms and conditions and was entitled to LTD benefits  
 27 under the 'any occupation' definition of disability." (Def. Trial  
 28 Brief at 7). The only additional information supplied on March 23 was  
 Dr. Flaningam's most recent progress note from that month.



1 the sole reason for the independent medical examination can only be to  
2 supplement a final decision that has already been made.") (emphasis in  
3 original).

4 MetLife contends that because of the Court's January Order, the  
5 deadlines imposed by the Plan and the regulations should not apply. In  
6 the absence of an explicit statement otherwise, there is no basis for  
7 MetLife to believe that the timeliness window in the Plan and the  
8 applicable regulations were inapplicable

9 Nonetheless, at a hearing held on September 28, 2010, which was  
10 the date originally scheduled for trial in this matter, the Court  
11 ordered Lavino to submit to an IME and remanded the matter for MetLife  
12 to reach a benefits decision (the "September Order"). The Court ordered  
13 the examination and the subsequent doctor's report to be completed no  
14 later than October 29, 2010. [Docket no. 24]. The Court further ordered  
15 MetLife to provide Lavino with a curriculum vitae of the doctor  
16 conducting the IME and to describe the nature of its relationship with  
17 the doctor. Finally, MetLife was ordered to render a decision as to  
18 Lavino's benefits within twenty days of the release of the IME report.  
19 Implicit in this order was that MetLife should timely inform Plaintiff  
20 of its decision and the basis for that decision. MetLife again failed  
21 to meet its deadlines.

22 An IME was conducted on October 12, 2010 by Dr. Douglas Haselwood,  
23 a rheumatologist. Dr. Haselwood was retained by MLS National Medical  
24 Evaluation Services ("MLS"), which is a third party vendor that  
25 performs disability reviews for insurers. (Collins Decl. Exh. 11).  
26 MetLife informed Lavino that Dr. Haselwood had not conducted an IME for  
27 MetLife before. It did not reveal the details of its previous  
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1 relationship with MLS, maintaining that Court's September Order  
2 required only disclosure as to its relationship with the specific  
3 doctor chosen, and not the organization that retained him. At the  
4 insistence of Lavino, however, MetLife later disclosed that it had  
5 first hired MLS in 2009 and that MLS had performed 77 examinations for  
6 MetLife between 2009 and September 2010, for which MetLife had paid  
7 \$118,816.25. (Collins Decl. Exh. 13 at 2).

8 Dr. Haselwood concluded that Lavino could perform light work,  
9 which would render her ineligible for continuing "own occupation"  
10 benefits. He also suggested a psychiatric review. The merits of Dr.  
11 Haselwood's findings are discussed *infra*. Of note here, however, is the  
12 fact that MetLife provided Dr. Haselwood with the reports of the prior  
13 reviewers that the Court had rejected in Lavino I. Dr. Haselwood  
14 memorialized and seemingly adopted many of those reviewers' findings.  
15 (AR 832). See Morgan v. Prudential, 2010 WL 4665951, at \*7 (E.D.Pa.  
16 Nov. 18, 2010) (rejecting conclusions of administrator's examiner in  
17 part because a doctor was provided with prior adverse reviews by other  
18 retained reviewers, thereby rendering his opinion lacking in  
19 independence). These reports would be of little help to Dr. Haselwood  
20 since those reviewers did not physically examine Lavino. Dr. Haselwood  
21 was in position to review the same files, which had been significantly  
22 supplemented since Lavino I, on his own.

23 Dr. Haselwood's report was provided to Collins on October 22,  
24 2010. Pursuant to the Court's September Order, MetLife's decision was  
25 due on November 11, 2010. Yet, it was not until November 16, 2010 that  
26 MetLife informed Collins of its need to conduct a psychiatric review.  
27 MetLife contended that the need to conduct this additional review  
28

1 justified its delay in rendering a decision. MetLife further indicated  
2 its intention to approve only two years of benefits for Lavino based on  
3 the policy provision limiting the duration of benefits payments for  
4 psychiatric disabilities. MetLife's counsel informed Collins that she  
5 would receive MetLife's letter confirming its decision "shortly."  
6 (Collins Decl. Exh. 3, Docket no. 32).

7 The psychiatric review was conducted in-house by a MetLife  
8 Psychiatric Clinical Specialist. (Def. Supp. Trial Brief at 6). The  
9 Administrative Record does not reveal who this clinician actually was.  
10 The entry in MetLife's "claim activity log" for Lavino states that the  
11 psychiatric review entry was completed by Paul Baechle, the  
12 aforementioned MetLife disability analyst, but whether Baechle  
13 conducted the psychiatric review is unclear. MetLife's attorney was  
14 unable to identify the clinician or what level of that clinician had;  
15 nor could counsel clarify whether a clinician would even be a  
16 psychologist or psychiatrist. The most reasonable inference from the  
17 record is that the anonymous clinician was not a doctor. Notably, the  
18 entry for the actual psychiatric determination includes a "scheduled  
19 date" of November 17, 2010 and a "completed date" of November 18, 2010  
20 which calls into question whether the clinician's report was even  
21 conducted prior to MetLife having advised Lavino on November 16, 2010  
22 of its decision. (AR 809). The clinician conducted her review without  
23 interviewing Lavino.

24 Lavino's counsel notified MetLife on several occasions that she  
25 had not received MetLife's formal, written decision on the date ordered  
26 by the Court, and so advised the Court on both November 23, 2010 and  
27 December 1, 2010. [Docket nos. 25, 26]. MetLife's written decision,  
28

1 which was dated December 2, was finally received by Plaintiff on  
2 December 3, 2010. (AR 821-826). This was 22 days after the Court  
3 ordered MetLife to make its decision. The psychiatric review that  
4 formed the basis for the decision was not transmitted to Plaintiff  
5 until December 7, 2010, four days later.

6 The last procedural irregularity on the part of MetLife was a  
7 failure to adequately address Lavino's social security award. "While  
8 ERISA plan administrators are not bound by the SSA's determination,  
9 complete disregard for a contrary conclusion without so much as an  
10 explanation raises questions about whether an adverse benefits  
11 determination was 'the product of a principled and deliberative  
12 reasoning process.'" Montour v. Hartford Life & Acc. Ins. Co., 588 F.3d  
13 623, 635 (9th Cir. 2009) (quoting Glenn v. MetLife, 461 F.3d 660, 674  
14 (6th Cir. 2006)). Neither the psychiatric clinician report nor Dr.  
15 Haselwood's report directly address Lavino's social security award,  
16 which was granted on account of her fibromyalgia. Only MetLife's actual  
17 decision letter acknowledges the existence of Lavino's social security  
18 award; however, it does not disclose whether the social security award  
19 was considered, by whom, or the basis for MetLife's disagreement.  
20 Rather, MetLife's letter baldly states that "we also took into  
21 consideration her Social Security Disability Income (SSDI) benefits  
22 award" but distinguished it because the "Social Security Administration  
23 (SSA) determination is separate from and governed by different  
24 standards than MetLife's review and determination under the plan." (AR  
25 825).

### 26 C. Conflicts of Interest

27 As noted in Lavino I, here, MetLife has a structural conflict of  
28

1 interest: it both decides who gets benefits and pays for them. See  
2 Saffon v. Wells Fargo & Co. Long Term Disability Plan, 522 F.3d 863,  
3 868 (9th Cir. 2008). It therefore has a direct financial incentive to  
4 deny claims. The implications of this conflict of interest are  
5 discussed in greater detail *infra*. The Court notes here, however, that  
6 MetLife has not demonstrated any attempt to "take[] active steps to  
7 reduce its potential bias and to promote accuracy, for example by  
8 walling off claims administrators from those interested in firm  
9 finances, or by imposing management checks that penalize inaccurate  
10 decision making irrespective of whom the inaccuracy benefits." Metro.  
11 Life Ins. Co. v. Glenn, 554 U.S. 105, 112 (2008). The only act  
12 resembling such an "active step" was the retention of an independent  
13 doctor to conduct an IME of Lavino. However, that IME was not conducted  
14 in accordance with plan procedures, as discussed, and was ultimately  
15 conducted only pursuant to a court order.

16 Lavino argues that the fact that Lavino's IME was conducted by a  
17 doctor affiliated with MLS should raise further conflict of interest  
18 concerns. As noted, MLS performed 77 examinations for MetLife between  
19 2009 and September 2010, for which MetLife had paid \$118,816.25.  
20 (Collins Decl. Exh. 13 at 2). However, statistics about relationships  
21 between administrators and third party vendors "standing alone [are  
22 not] probative of any bias on the part of [a third party vendor] in its  
23 handling of claims." Nolan v. Heald College, - F.Supp.2d -, 2010 WL  
24 1837805 (N.D. Cal. 2010). Dr. Haselwood himself had never conducted an  
25 IME for MetLife, and Lavino has not presented any evidence indicating  
26 that MLS has historically demonstrated a bias in favor of MetLife. See  
27 also Dilley v. Metropolitan Life Ins. Co., 256 F.R.D. 643, 645 (N.D.  
28

1 Cal. 2009) ("Details of the number of claims denied based on a medical  
2 records review by NMR would be meaningless unless a finding could be  
3 made that MetLife had wrongly denied those claims."); Kludka v. Qwest  
4 Disability Plan, 2010 WL 1408895, at \*7 (D. Ariz. Apr. 7, 2010)  
5 (requiring evidence "that the doctors hired by [reviewer] receive  
6 additional money if they deny claims or that [reviewer] stops hiring  
7 doctors who frequently grant claims"). The fact that Lavino's  
8 psychiatric review was conducted by a MetLife employee gives the Court  
9 greater concern. The in-house clinician cannot be considered  
10 "independent."  
11

### 12 **III. Standard of Review**

13 If a plan unambiguously gives the plan administrator discretion to  
14 determine a plan participant's eligibility for benefits, as here, then  
15 the appropriate standard of review shifts is an abuse of discretion  
16 standard. Abatie v. Alta Health & Life Ins. Co., 458 F.3d 955, 963 (9th  
17 Cir. 2006); Saffon, 522 F.3d at 866. However, the abuse of discretion  
18 standard may be tempered by a degree of skepticism if there are  
19 indications of improprieties on the part of an administrator, such as  
20 conflicts of interest or procedural irregularities.<sup>2</sup> Abatie, 458 F.3d at  
21 959, 972.

22 As to structural conflicts of interest, it is frequently the case  
23 that "the same entity that funds an ERISA benefits plan also evaluates  
24 claims, as is the case here." Montour v. Hartford Life & Acc. Ins. Co.,  
25 588 F.3d 623, 631 (9th Cir. 2009) (citing Metro. Life Ins. Co. v.  
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27 <sup>2</sup> This Court found precisely these sorts of improprieties on the part  
28 of MetLife in their previous dealings with Lavino in its January  
Order and again here as outlined above.

1 Glenn, 554 U.S. 105, 112 (2008)). The Ninth Circuit has instructed that  
2 the "level of skepticism with which a court views a conflicted  
3 administrator's decision may be low if a structural conflict of  
4 interest is unaccompanied, for example by any evidence of malice, of  
5 self-dealing, or of a parsimonious claims-granting history." Abatie,  
6 458 F.3d at 968. On the other hand, however, a court also may weigh a  
7 conflict more heavily if: the administrator provides inconsistent  
8 reasons for denial; fails to investigate a claim adequately or ask the  
9 plaintiff for necessary evidence; fails to credit a claimant's reliable  
10 evidence; has repeatedly denied benefits to deserving participants by  
11 interpreting plan terms incorrectly; or by making decisions against  
12 the weight of evidence in the record. Id. at 968-69.

13 As to procedural irregularities, the Ninth Circuit applied the  
14 same framework in asserting that "[w]hen an administrator can show that  
15 it has engaged in an ongoing, good faith exchange of information  
16 between the administrator and the claimant, the court should give the  
17 administrator's decision broad deference notwithstanding a minor  
18 irregularity." Id. at 972. However, "[a] more serious procedural  
19 irregularity may weigh more heavily." Id.

20 Prior to the September 28, 2010 hearing, the parties disputed  
21 whether an abuse of discretion standard of review or a *de novo* standard  
22 should apply in this case. According to Lavino's original trial brief,  
23 "where an ERISA administrator fails to render a decision on a claim in  
24 compliance with the time frames required by the Plan and/or the ERISA  
25 Regulations, the claimant is deemed to have exhausted administrative  
26 remedies and discretion, if any, is lost." (Pl. Trial Brief at 11). 29  
27 C.F.R. § 2560.503-1(1) codifies that  
28

1 In the case of the failure of a plan to establish or follow  
2 claims procedures consistent with the requirements of this  
3 section, a claimant shall be deemed to have exhausted the  
4 administrative remedies available under the plan and shall be  
5 entitled to pursue any available remedies under section  
6 502(a) of the Act on the basis that the plan has failed to  
7 provide a reasonable claims procedure that would yield a  
8 decision on the merits of the claim.

9 In Jebian v. Hewlett Packard, 349 F.3d 1098 (9th Cir. 2003), the  
10 Ninth Circuit held that an administrator's failure to meet the deadline  
11 for a decision - where that deadline is required both by the plan and  
12 the applicable regulations - warranted a *de novo* review. As that Court  
13 noted, "'deferential review under the 'arbitrary and capricious'  
14 standard is merited for decisions regarding benefits *when they are made*  
15 *in compliance with plan procedures.*' When decisions are not in  
16 compliance with regulatory and plan procedures, deference may not be  
17 warranted." Id. at 1105 (quoting Sanford v. Harvard Indus., 262 F.3d  
18 590, 597 (6th Cir. 2001)) (emphasis added in Jebian); see also Abatie,  
19 458 F.3d at 963 ("In general, we review *de novo* a claim for benefits  
20 when an administrator fails to exercise discretion."); Gritzer v. CBS,  
21 Inc., 275 F.3d 291, 296 (3d Cir. 2002) ("Where a trustee fails to act  
22 or to exercise his or her discretion, *de novo* review is appropriate  
23 because the trustee has forfeited the privilege to apply his or her  
24 discretion . . . .").

25 Jebian's impact was significantly dampened, however, in Gatti v.  
26 Reliance Standard Life Ins. Co., 415 F.3d 978, 983 (9th Cir. 2005), in  
27 which the Ninth Circuit asserted, "[w]e reject Gatti's suggestion that  
28 once a benefits administrator has violated the regulation's time  
limitation, the 'deemed denied' language operates to cut off the  
administrator's discretion, making *de novo* review appropriate." In



1 Gatti, the Ninth Circuit was similarly faced with the question of what  
2 standard of review to apply when an administrator committed procedural  
3 violations. The violations there primarily stemmed from a late decision  
4 on the plaintiff's administrative appeal. The Gatti court applied an  
5 abuse of discretion standard, finding the plan administrator's late  
6 decision to amount to a mere "technical violation." Id. at 984.

7 Importantly, both the Jebian and Gatti opinions are  
8 distinguishable because they hinged on a prior codification of the  
9 relevant Code of Federal Regulations. Under the former regulations,  
10 claims were "deemed denied" if decisions were untimely. "Excised from  
11 the new regulation is the provision that transgressions of time  
12 limitations will result in the claim being 'deemed denied.' See 29  
13 C.F.R. § 2560.503-1(h) (2002)." Jebian, 349 F.3d at 1103 n.5.

14 The question as to whether the removal of the "deemed denied"  
15 language from the Code of Federal Regulations effective January 1, 2002  
16 necessarily precludes a *de novo* review was explicitly reserved by the  
17 Ninth Circuit. See Gatti. 415 F.3d at 982 n.1 ("We do not address the  
18 question of whether, under the new regulation, claimants who can  
19 establish a failure to comply with the claims procedures established by  
20 ERISA regulations are entitled to *de novo* consideration of their  
21 claims."). As noted by the Ninth Circuit, the Department of Labor did  
22 not explain its reasons for excising the "deemed denied" language, "but  
23 did note, in explaining other changes, that section 503 of ERISA was  
24 intended 'to assure that claimants whose claims are denied have the  
25 ability to take their claims to court without undue delay.'" Id. at 984  
26 (quoting 65 Fed.Reg. 70,246, 70,253 (Nov. 21, 2000)). Nonetheless, the  
27 Gatti court asserted "that procedural violations of ERISA do not alter  
28

1 the standard of review unless those violations are so flagrant as to  
2 alter the substantive relationship between the employer and employee,  
3 thereby causing the beneficiary substantive harm." Id. at 985.

4 The general inappropriateness of applying a *de novo* standard as a  
5 result of procedural irregularities was reemphasized by the Abatie  
6 court. There, the Ninth Circuit noted that only in a "rare class of  
7 cases" should an administrator's decision to deny benefits be reviewed  
8 *de novo*, such as when "an administrator engages in wholesale and  
9 flagrant violations of the procedural requirements of ERISA, and thus  
10 acts in utter disregard of the underlying purpose of the plan as well."  
11 Abatie, 458 F.3d at 971. The only example of this principle that  
12 remains instructive under the Supreme Court and Ninth Circuit's current  
13 ERISA framework appears to be Blau v. Del Monte Corp., 748 F.2d 1348,  
14 1352 (9th Cir. 1984), *abrogation on other grounds recognized by Dytrt*  
15 *v. Mountain State Tel. & Tel. Co.*, 921 F.2d 889, 894 n.4 (9th Cir.  
16 1990). In that case, "the administrator had kept the policy details  
17 secret from the employees, offered them no claims procedure, and did  
18 not provide them in writing the relevant plan information; in other  
19 words, the administrator 'failed to comply with virtually every  
20 applicable mandate of ERISA.'" Abatie, 458 F.3d at 971 (discussing  
21 Blau, 748 F.2d at 1354). These extensive procedural violations  
22 constituted a "substantive harm" on the plan participants that  
23 justified a *de novo* review. Blau, 748 F.2d at 1354.

24 In the aftermath of Gatti, Albatie, and Montour, district courts  
25 within the Ninth Circuit have applied an "abuse of discretion tempered  
26 with skepticism" standard of review instead of a *de novo* review when  
27 procedural irregularities are present. In Prado v. Allied Domecq  
28

1 Spirits and Wine Group Disability Income Policy, 2010 WL 3119934, \*2  
2 (N.D. Cal. 2010), the court found that a tempered abuse of discretion  
3 standard would be appropriate despite the fact that the insurance  
4 company's benefits decision was untimely by twelve days. Id. at \*7. The  
5 Prado court distinguished Jebian on the following three grounds: (1)  
6 because the delay in Prado was considerably shorter and the good faith  
7 correspondence between the parties rendered slight procedural errors  
8 inconsequential; (2) because the conduct in Jebian violated both the  
9 Code of Federal Regulations and the actual plan, as opposed to just the  
10 regulations in Prado (a distinction also noted in Gatti); and (3)  
11 because the "deemed denied" language was excised from the regulations  
12 subsequent to the Jebian opinion. Id. at \*3.

13 A similar approach was taken in Cushman v. Motor Car Dealers  
14 Services, Inc., 652 F.Supp.2d 1122 (C.D. Cal. 2009). Cushman is  
15 particularly relevant because in that case a decision on a plan  
16 participant's benefits appeal was never rendered by the administrator.  
17 Despite the fact that the plan administrator "completely ignored  
18 Plaintiff's appeal for more than a year," the court adopted an abuse of  
19 discretion standard because the "Defendant's failure to issue a  
20 decision on Plaintiff's appeal is not so flagrant that it alters the  
21 substantive relationship between the employer and employee as was the  
22 case in Blau." Id. at 1129, 1130. Nonetheless, the court applied "a  
23 large amount of skepticism when reviewing Defendant's decision to  
24 terminate Plaintiff's benefits" due to the conspicuous procedural  
25 irregularities found and ultimately determined that the defendant had  
26 abused its discretion. Id. at 1130-31, 1135. The Court finds that  
27 procedural violations here are closer to the facts in Cushman than in  
28

1 Blau. It cannot be said that MetLife entirely failed to exercise its  
2 discretion, which could justify a *de novo* review.

3 Thus, an abuse of discretion standard is appropriate here. Lavino  
4 appears to have conceded this point in her latest trial brief, in which  
5 she acknowledges that "it would seem the Court shall review for abuse  
6 of discretion." (Pl. Supp. Brief at 4). The Court will account for the  
7 inherent conflicts of interest and procedural irregularities in this  
8 case by "adjust[ing] the level of skepticism with which it reviews a  
9 potentially biased plan administrator's explanation for its decision in  
10 accordance with the facts and circumstances of the case." Montour, 588  
11 F.3d at 631 (citing Abatie, 458 F.3d at 969; Saffon, 522 F.3d at 868).  
12 The Court will conduct an abuse of discretion review tempered by a  
13 significant amount of skepticism. MetLife's conduct in arriving at its  
14 decision has demonstrated various conflicts of interest and substantial  
15 procedural irregularities that justify skepticism.

16 Finally, in conducting reviews, courts can consider additional  
17 evidence outside the administrative record where appropriate, such as  
18 in cases involving procedural irregularities, as here. See Abatie, 458  
19 F.3d at 973; Saffon, 522 F.3d 863, 872 n.2 (9th Cir. 2008). In  
20 considering such additional evidence, the Court attempts to recreate  
21 how the administrative record would have looked absent the  
22 irregularities. Id.

#### 23 24 **IV. Merits Discussion**

##### 25 **A. Applicable Law**

26 Under traditional abuse of discretion analysis, "[a]n ERISA  
27 administrator abuses its discretion only if it (1) renders a decision  
28

1 without explanation, (2) construes provisions of the plan in a way that  
2 conflicts with the plain language of the plan, or (3) relies on clearly  
3 erroneous findings of fact." Boyd v. Bert Bell/Pete Rozelle NFL Players  
4 Retirement Plan, 410 F.3d 1173, 1178 (9th Cir. 2005). A plan  
5 administrator's decision to deny benefits should be upheld "'if it is  
6 based upon a reasonable interpretation of the plan's terms and was made  
7 in good faith.'" Id. (quoting Estate of Shockley v. Alyeska Pipeline  
8 Serv. Co., 130 F.3d 403, 405 (9th Cir. 1997)). On the other hand, it  
9 should be reversed if a review of "the entire record leads to a  
10 'definite and firm conviction that a mistake has been committed.'" Id.  
11 at 1179 (quoting Concrete Pipe & Prods. of Cal. Inc. v. Construction  
12 Laborers Pension Trust for S. Cal., 508 U.S. 602, 622 (1993)).

13 In conducting its abuse of discretion analysis, the Court must  
14 also consider MetLife's conflicts of interest and the procedural  
15 irregularities present in this case. Glenn, 554 U.S. at 117-119. The  
16 Court will balance these with other factors such as "the quality and  
17 quantity of the medical evidence, whether the plan administrator  
18 subjected the claimant to an in-person medical evaluation or relied  
19 instead on a records review of the claimant's existing medical records,  
20 whether the administrator provided its independent experts 'with all of  
21 the relevant evidence[,]' and whether the administrator considered a  
22 contrary SSA disability determination, if any." Montour, 588 F.3d at  
23 630 (citing Glenn, 128 S.Ct. at 2352; Saffon, 522 F.3d at 869-73).

24 In cases involving diseases such as fibromyalgia, where objective  
25 measurements of symptoms are difficult to observe, the Ninth Circuit  
26 has applied the Cotton test from the Social Securities disability  
27 cases. Saffon, 522 F.3d at 872-73, 873 n.3 (discussing Cotton v. Bowen,  
28

1 799 F.2d 1403, 1407 (9th Cir. 1986) (per curiam)). Under the Cotton  
2 test, a claimant who alleges disability based on subjective symptoms  
3 "must produce objective medical evidence of an underlying impairment  
4 'which could reasonably be expected to produce the pain or other  
5 symptoms alleged . . . .'" Bunnell, 947 F.2d at 344 (quoting 42 U.S.C.  
6 § 423(d)(5)(A) (1998)); Cotton, 799 F.2d at 1407-08. The Cotton test  
7 thus imposes two requirements on the claimant: (1) she must produce  
8 objective medical evidence of an impairment; and (2) she must show that  
9 the impairment could reasonably be expected to (not that it did in  
10 fact) produce some degree of symptom. Smolen v. Chater, 80 F.3d 1273,  
11 1281-82 (9th Cir. 1996). "If the claimant produces evidence to meet the  
12 Cotton test and there is no evidence of malingering, the [claim  
13 decider] can reject the claimant's testimony about the severity of her  
14 symptoms only by offering specific, clear and convincing reasons for  
15 doing so." Id. at 1281 (9th Cir. 1996).

#### 16 **B. Abuse of Discretion**

17 Benefits cases involving fibromyalgia are thorny in that the  
18 disease's symptoms are difficult to quantify. Diagnoses necessarily  
19 involve subjective determinations as to patients' pain level, often  
20 relying largely on the patients' own accounts. This reality was  
21 discussed at length in Lavino I. There, the Court noted,

22 Caselaw suggests that there is no "objective" method for  
23 measuring pain. In Saffon, the Ninth Circuit quoted its  
24 Social Security caselaw for the proposition that "disabling  
25 pain cannot always be measured objectively" and "individual  
26 reactions to pain are subjective and not easily determined by  
27 reference to objective measurements." 522 F.3d at 872-73 &  
28 n.3 (citing Bunnell v. Sullivan, 947 F.2d 341, 348 (9th Cir.  
1991) (en banc); Fair v. Bowen, 885 F.2d 597, 601 (9th Cir.  
1989); Cotton v. Bowen, 799 F.2d 1403, 1407 (9th Cir. 1986)  
(per curiam)). This conclusion is supported by a number of  
lower court authorities. Lona v. Prudential Ins. Co. of  
America, No. 07-CV-1276-IEG (CAB), 2009 WL 801868, at \*13

(S.D. Cal. Mar. 24, 2009); Minton v. Deloitte and Touche USA LLP Plan, 631 F. Supp. 2d 1213, 1219 (N.D. Cal. 2009); Magee v. Metropolitan Life Ins., 632 F. Supp. 2d 308, 318 (S.D.N.Y. 2009).

MetLife's request for "objective" evidence is particularly problematic in light of the fact that Plaintiff's basic conditions, fibromyalgia and fatigue, are inherently resistant to object verification. In fact, the Ninth Circuit has stated that fibromyalgia is "entirely subjective." Jordan v. Northrop Grumman Corp. Welfare Benefit Plan, 370 F.3d 869, 872 (9th Cir. 2004) ("Fibromyalgia's cause or causes are unknown, there is no cure, and, of greatest importance to disability law, its symptoms are entirely subjective. There are no laboratory tests for the presence or severity of fibromyalgia."); see also Benecke v. Barnhart, 379 F.3d 587, 594 (9th Cir. 2004) ("The ALJ erred by effectively requiring 'objective' evidence for a disease that eludes such measurement. Every rheumatologist who treated [plaintiff] diagnosed her with fibromyalgia.") (internal citations and quotations omitted); Lona, 2009 WL 801868, at \*13; Minton, 631 F. Supp. 2d at 1219 ("By effectively requiring 'objective' evidence for a disease that eludes such measurement, MetLife has established a threshold that can never be met by claimants who suffer from fibromyalgia, no matter how disabling the pain."); Magee, 632 F. Supp. 2d at 318.

Lavino I, 2010 WL 234817 at \*10-11.

Thus, the Cotton test must be applied. Here, Lavino's underlying impairment, fibromyalgia, is undisputed. The only dispute regards the severity of Lavino's symptoms. Looking to the administrative record, the disparity between the observations of Lavino's treating physician and consulting rheumatologist and those of the physician and clinician consulted by MetLife is stark.

Since early 2006, Lavino's disability claim has been confirmed by her long-term treating physician, Dr. Michael Flaningam. Dr. Flaningam diagnosed Lavino with fibromyalgia in June 2006, a few months into his treatment of her, after previously noting her "generalized" and "whole body" pain. (AR 286, 288, 290). Dr. Carolyn Dennehey, a rheumatologist had also examined Lavino in May 2006 and diagnosed her with

1 fibromyalgia. (AR 303). Dr. Dennehey's examination of Lavino also  
2 demonstrated a positive FABER and straight leg test. (AR 303).

3 As early as January 2007, Dr. Flaningam reported to MetLife, "I'm  
4 skeptical she'll ever be able to work on a daily basis or more than  
5 several hours straight." (AR 341). In February 2007, Dr. Flaningam  
6 reported that Lavino suffered "total body pain in muscles and joints.  
7 She is tired all the time and has difficulty concentrating." (AR 307).  
8 In May 2007, Dr. Flaningam provided information demonstrating that  
9 Lavino had failed on Lyrica, a medication, and that he was "unsure that  
10 any medicine will bring about significant relief." (AR 247). He further  
11 advised, "Neither of us think she'll be able to work in any capacity by  
12 July 1, [2007,] our previous goal, this likely will be at least several  
13 months beyond this; we'll therefore set a goal of January 1, 2008." (AR  
14 247-48). In August 2007, Lavino completed a personal profile for  
15 MetLife, advising it of her difficulty sleeping, constant joint and  
16 muscle pain, and difficulty concentrating and problem-solving. (AR  
17 223). She reported that she would like to return to work "as soon as I  
18 can sit in a chair or stand longer than ½ hour w/o pain, as soon as I  
19 can carry on a conversation w/o forgetting what we were talking about."  
20 (AR 255).

21 Dr. Flaningam's October 24, 2007 office notes stated, "[Lavino]  
22 feels like she is getting worse and thinks its as bad as its ever been.  
23 Is in pain all the time, all over," and he renewed his opinion that  
24 Lavino could not work. (AR 216-17). In the events leading up to Lavino  
25 I, Dr. Flaningam wrote to MetLife again on December 10, 2007 to dispute  
26 MetLife's stance that "there was no evidence" of Lavino's inability to  
27 work. He inquired as to what evidence was needed to substantiate  
28



1 Lavino's inability to work. (AR 203). MetLife terminated Lavino's  
2 benefits effective January 7, 2008. (AR 195). Lavino appealed by  
3 providing MetLife with additional documents from Dr. Flaningam. These  
4 documents again outlined her symptoms, physical limitations, and  
5 treatment. They also contained a second report from Dr. Dennehey, which  
6 recommended additional treatments. Both doctors reconfirmed Lavino's  
7 fibromyalgia diagnosis. (AR 181-83, 186-87, 192-93).

8       The administrative record contains many other observations by Dr.  
9 Flaningam (and occasionally by Dr. Dennehey) of the physical pain  
10 suffered by Lavino. For example, on January 25, 2008, Dr. Flaningam  
11 noted, "As she has had for most of the last 2 years, she continues to  
12 have pain that prevents her from day to day activities; typically is  
13 worst in her neck or back, but usually also often involves her arms and  
14 legs; cannot sit more than 15 minutes w/o having intolerable pain;  
15 typically cannot stand or walk for more than 15 minutes w/o intolerable  
16 back and leg pains. Also gets mentally exhausted when she has this  
17 pain, which is most days. Can't concentrate well, gets dizzy, and  
18 sometimes even short of breath." (AR 192). As Dr. Flaningam treated  
19 Lavino through the months and years, he checked her tender points  
20 several times and prescribed her an assortment of pain and sleeping  
21 medications, yet each failed to quell her symptoms. He invariably noted  
22 her severe and generalized pain as well as her fatigue, difficulty  
23 sleeping, and difficulty concentrating. (AR 159-65, 137, 751, 749, 748,  
24 746, 733, 729-30, 728, 717, 704, 699-700, 675-76).

25       Dr. Flaningam's notes also discuss Lavino's history of and battle  
26 with depression during his treatment, which led him to also refer her  
27 to a psychiatrist. At the start of her treatment, Dr. Flaningam was  
28

1 uncertain as to the cause of Lavino's ailments and did consider  
2 depression as a possible cause. However, after this initial  
3 uncertainty, Dr. Flaningam unequivocally indicated that any depression  
4 that she suffered was intertwined with and a result of her  
5 fibromyalgia. (AR 285-94). For example, Dr. Flaningam asserted in  
6 January 2008 that Lavino's depression is "both **caused by** and  
7 exacerbates her fibromyalgia." (AR 187) (emphasis added). Dr.  
8 Flaningam's notes easily satisfy the second prong of the Cotton test,  
9 as Lavino has shown that her fibromyalgia could both be reasonably  
10 expected to, and in fact did, cause a significant amount of pain that  
11 prevented her from working. Smolen, 80 F.3d at 1281-82.

12 Dr. Haselwood, who was retained to perform Lavino's recent IME,  
13 painted a very different picture in his report. Dr. Haselwood conducted  
14 an interview and examination of Lavino that lasted one hour and five  
15 minutes. Lavino's husband attended the examination with her. Dr.  
16 Haselwood's report notes that "Ms. Lavino technically demonstrated 18  
17 of 18 fibromyalgia tenderpoints." (AR 831). A diagnosis of fibromyalgia  
18 typically requires a finding of only eleven such tender points. Dr.  
19 Haselwood thus acknowledged that "Ms. Lavino technically meets the  
20 diagnostic criteria for the syndrome of fibromyalgia as set forth by  
21 the American College of Rheumatology." (AR 833). Although he conceded  
22 that Lavino suffered from fibromyalgia, Dr. Haselwood opined that the  
23 severity of fibromyalgia symptoms cannot be measured objectively in **any**  
24 individual. He stated that "there are no objective physical  
25 abnormalities or clinical tests to define the syndrome of fibromyalgia  
26 or the true level of 'severity' in any given individual." (AR 834). Dr.  
27 Haselwood concluded that Lavino was capable of light duty work.  
28

1 Dr. Haselwood's report indicates general skepticism about those  
2 seeking disability payments as a result of fibromyalgia. He opines:

3 The presumption that the syndrome of fibromyalgia inherently  
4 predisposes afflicted individuals to unusually severe and  
5 permanent levels of physical incapacity is simply not  
6 supported by objectively based criteria and is not accepted  
7 by the vast majority of community and academically based  
8 rheumatologists. As structured by the American College of  
9 Rheumatology, the syndrome of fibromyalgia was never intended  
10 to be interpreted as an objectively defined pathophysiologic  
11 entity for which medical-legal issues of disability could be  
12 determined with any semblance of objectivity.

13 In this context, trying to determine the "severity" of the  
14 syndrome of fibromyalgia in the context of "tender point"  
15 counts is notoriously manipulative, subjective and  
16 misleading. Unfortunately, there are no objective physical  
17 abnormalities or clinical tests to define the syndrome of  
18 fibromyalgia or the true level of "severity" in any given  
19 individual. In the context of noncommittant socioeconomic life  
20 stressors and associated depression/anxiety, it is an  
21 unreasonable stretch of credibility to presume that a default  
22 diagnosis of fibromyalgia can be utilized to objectify the  
23 parameters of musculoskeletal impairments.

24 (AR 833-34). Despite Dr. Haselwood's general viewpoint, courts have  
25 nonetheless found the disease to be sufficiently debilitating to  
26 justify disability benefits. See, e.g., Lavino I; Morgan, 2010 WL  
27 4665951 at \*10; Rudinski v. MetLife, 2007 WL 2746630 (N.D. Ill. Sep.  
28 14, 2007).

Indeed, the very medical entity that retained Dr. Haselwood, MLS,  
has an assessment of fibromyalgia that differs greatly from that of Dr.  
Haselwood. MLS has written the following in describing the debilitating  
nature of fibromyalgia:

Pain - The pain of Fibromyalgia has no boundaries. People  
describe it as deep muscular aching, burning, throbbing,  
shooting and stabbing. . . .

Fatigue - This symptom can be mild in some patients and yet  
incapacitating in others. The fatigue has been described as  
"brain fatigue" in which patients are totally drained of  
energy. Many patients describe this situation by saying that

1       they feel as though their arms and legs are tied to concrete  
2       blocks, and they have difficulty concentrating.

3       ...  
4       Long-term follow-up studies on Fibromyalgia syndrome have  
5       shown that it is chronic, but symptoms may wax and wane. The  
6       Impact that FMS can have on daily activities, including the  
7       ability to work a full-time job, differs among patients.  
8       Overall, studies have shown that fibromyalgia can be equally  
9       disabling as rheumatoid arthritis.

10       (Collins Decl. Exh. 14 at 1, 3).

11       Although acknowledging that Lavino demonstrated all 18 of the  
12       tender points typically associated with fibromyalgia, Dr. Haselwood  
13       disclaims its significance, noting, "In the context of this  
14       musculoskeletal/soft tissue examination ['during which Lavino  
15       demonstrated widespread truncal and extremity soft tissue tenderness'],  
16       however, Ms. Lavino's discomfort, guarding and withdrawal mechanisms  
17       were inconsistent, variably localized and nonphysiologic." (AR 831).  
18       Yet, he does not explain what observations were made during the  
19       examination that led him to surmise that Lavino's reactions were  
20       "inconsistent" or "nonphysiologic." Thus, Dr. Haselwood's opinions as  
21       to possible malingering by Lavino is viewed with some skepticism  
22       because he failed to offer "specific, clear and convincing reasons" for  
23       reaching any such conclusion. Smolen, 80 F.3d at 1281.

24       MetLife claims that its decision to limit Lavino's benefits to 24  
25       months under the psychiatric limitation was influenced when Dr.  
26       Haselwood's reported that Lavino conceded to being "afflicted with  
27       substantial levels of depression." (AR 829). The report further relates  
28       that when Lavino was asked whether her depression would "in and of  
      itself" preclude her from working in her former profession, "she and  
      her husband answered in the affirmative." (AR 829). Lavino and her  
      husband vehemently deny ever having made such statements. They contend

1 that the issue of depression was not even raised until the end of the  
2 examination, at which time Lavino acknowledged only that she suffered  
3 depression about having to live with fibromylgia but did not discuss  
4 the severity of that depression. (Kelly Lavino Decl. ¶ 7; John Lavino  
5 Decl. ¶ 7, Docket nos. 30, 31). Assuming arguendo that Lavino made the  
6 statement as reported by Dr. Haselwood, it does not refute Dr.  
7 Flaningam's diagnosis that Lavino's depression was caused by  
8 fibromyalgia.

9       The psychiatric review by MetLife's clinician is fraught with  
10 similar problems, in addition to the obvious conflicts of interest  
11 inherent in MetLife's employing an internal "clinician" to render such  
12 an important opinion. Of particularly concern is the fact that the  
13 clinician never met with or examined Lavino. Indeed, MetLife's ultimate  
14 decision letter confirmed that "there are no clinical records from a  
15 mental health provider." (AR 824). Dr. Haselwood's report also comments  
16 that Lavino's mental state "is best deferred to a more appropriate  
17 psychiatric opinion and it is notable that such records are not  
18 available." (AR 834). The clinician herself laments that "there are no  
19 clinical records from" a mental health provider. (AR 812). While Lavino  
20 had met with a psychiatrist pursuant to Dr. Flaningam's advice on  
21 various occasions, no notes from that psychiatrist were available to  
22 MetLife for review. In the years that her benefits inquiry was open,  
23 MetLife had neither requested them nor indicated that they might be  
24 relevant because MetLife never raised the possibility that its decision  
25 would be based upon a psychiatric disability. Thus, the basis for any  
26 psychiatric determination by MetLife is suspect given the inadequacy of  
27 the investigation.

1       Moreover, the clinician's findings conflict to a significant  
2 degree with the opinions of Lavino's treating physician, Dr. Flaningam,  
3 who has interacted with Lavino and observed her for years. "[W]here the  
4 insured's treating physician's disability opinion is unequivocal and  
5 based on a long term physician-patient relationship, reliance on a  
6 non-examining physician's opinion premised on a records review alone is  
7 suspect and suggests that the insurer is looking for a reason to deny  
8 benefits." Morgan, 2010 WL 4665951 at \*8. This is of particular  
9 importance where the medical determination is psychiatric in nature.  
10 "Courts routinely discount or entirely disregard the opinions of  
11 psychiatrists who had not examined the individual in question at all or  
12 for only a limited time." Sheehan v. MetLife, 368 F.Supp.2d 228, 254  
13 (S.D.N.Y. 2005); See also Westphal v. Eastman Kodak LTD Plan (MetLife),  
14 2006 U.S. Dist LEXIS 41494, at \*12-13 (W.D.N.Y. 2006) ("In the context  
15 of a psychiatric disability determination, it is arbitrary and  
16 capricious to rely on the opinion of a non-treating, non-examining  
17 doctor because the inherent subjectivity of a psychiatric diagnosis  
18 requires the physician rendering the diagnosis to personally observe  
19 the claimant"); Morgan, 2010 WL 4665951 at \*10. The fact that the  
20 clinician does not even appear to be a psychiatrist or psychologist  
21 casts further doubt on the clinician's conclusions.

22       The clinician's report contains very selective references,  
23 especially with respect to Dr. Flaningam's notes regarding depression.  
24 The report references a notation that Lavino's pain is "somatic and  
25 that the major underlying disease was depression." (AR 811). However,  
26 Dr. Flaningam's notes to that effect occurred from January to March  
27 2006 when he was first examining Lavino and before she was diagnosed  
28

1 with fibromyalgia. (AR 285-89). After observing her over those months,  
2 Dr. Flaningam determined by June 2006 that Lavino's primary ailment was  
3 fibromyalgia and physical in nature. (AR 290). Once formed, he never  
4 wavered from that opinion. (See, e.g., AR 292, 294). In fact, Dr.  
5 Flaningam's notes in January 2008 state that Lavino's depression was  
6 "both **caused by** and exacerbates her fibromyalgia." (AR 187). Yet, the  
7 clinician's report does not address this part of Dr. Flaningam's notes.  
8 Dr. Flaningam's January 2008 assessment is of particular importance  
9 because the "any occupation" determination should have been made by  
10 MetLife as of March 2008.

11       The fact that MetLife first considered this "psychiatric" basis  
12 for denying Lavino's benefits only days before trial and several years  
13 after she first filed for benefits casts further doubts on the ultimate  
14 determination. Lang v. Long-Term Disability Plan of Sponsor Applied  
15 Remote Technology, Inc., 125 F.3d 794, 799 (9th Cir. 1997) (reversing a  
16 district court's affirmance of a benefits denial where an administrator  
17 took inconsistent positions regarding the claim and reasons for  
18 denial); Saffon, 522 F.3d at 872 ("Coming up with a new reason for  
19 rejecting the claim at the last minute suggests the claim administrator  
20 may be casting about for an excuse to reject the claim rather than  
21 conducting an objective evaluation."). Indeed, MetLife had initially  
22 granted Lavino benefits due to *physical* disability stemming from  
23 fibromyalgia in March 2007. The Court also determined that Lavino had  
24 such a *physical* disability in its January Order in Lavino I. In neither  
25 proceeding did MetLife raise the possibility that Lavino's disability  
26 was psychiatric, despite the fact that they were in possession of Dr.  
27 Flaningam's notes that included references to Lavino's depression  
28

1 dating back to January 2006. (AR 285).

2 MetLife's last-minute change of heart is especially suspect given  
3 the fact that depression is a commonly associated side effect of  
4 fibromyalgia. The American College of Rheumatology has noted that  
5 "Fibromyalgia is defined by chronic widespread muscular pain and  
6 symptoms such as fatigue, sleep disturbances, stiffness, cognitive and  
7 memory problems and **symptoms of depression and anxiety.**" (Collins Decl.  
8 Exh. 15) (emphasis added); see also Lang, 125 F.3d at 799 (noting that  
9 fibromyalgia [is] an affliction with a physical source, but which is  
10 often accompanied by depression); Morgan, 2010 WL 4665951 at \*10  
11 ("Although Morgan may suffer from anxiety and depression, the cause of  
12 those symptoms, and, thus, the cause of the disability is  
13 fibromyalgia."); Kuhn v. Prudential, 551 F.Supp.2d 413, 432 (E.D.Pa.  
14 2008) (abuse of discretion where "Defendant improperly attempted to  
15 'pigeon hole' Plaintiff into a mental health limitation without  
16 properly considering her diagnosis, during the coverage period, of  
17 fibromyalgia-like symptoms that over time was confirmed by the  
18 consensus of Plaintiff's treating doctors."); Rudinski v. MetLife, 2007  
19 WL 2746630 (N.D. Ill. Sep. 14, 2007).

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1 A review of the record in this case leads the Court to a definite  
2 and firm conviction that a mistake has been committed by MetLife. As a  
3 result of significant procedural irregularities and conflicts of  
4 interest as discussed above, MetLife's decision must be tempered with  
5 significant skepticism; accordingly, the Court finds that MetLife's  
6 abused its discretion in denying Lavino "any occupation" benefits for  
7 her fibromyalgia. MetLife is ORDERED to pay Lavino's "any occupation"  
8 benefits in accordance with the terms of the Plan.

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10 IT IS SO ORDERED.

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13 DATED: January 20, 2011



14 STEPHEN V. WILSON

15 UNITED STATES DISTRICT JUDGE  
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